



## **FREE Support and Training Opportunity for All Caregivers**

Providing care to a friend or loved one is a demanding role and we are here to offer help & support

**When:** October 19, 2024 10am-2pm

**Where:** CCRI Lincoln Campus (main entrance)

1762 Old Louisquisset Pike, Lincoln RI

**Parking:** take 2<sup>nd</sup> exit in roundabout and pull into 1<sup>st</sup> lot on the right (follow signs)

The session will offer:

- \*Hands on training by student nurses in activities you may be providing in the home like bathing, feeding, using a walker or cane and more
- \*Help filling out applications and getting connected to available resources and programs in your community
- \*Education on dementia and how to handle anger and disruptive behavior you may see in your loved one
- \*Information on taking care of yourself so you are at your best to take care of your loved one

**Registration:** Use QR Code or email [Abparks1@ccri.edu](mailto:Abparks1@ccri.edu)



